

# **Girlguiding Lancashire North West and Lancashire West**

# **Girlguiding Level 1 Climbing and Abseiling course**

# **15th- 18th March 2018**

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# **Girlguiding Level 1 Climbing and Abseiling course**

Climbing and Abseiling are popular activities within Girlguiding and at Guys Farm and the Climbing and Abseiling training course aims to ensure these activities are delivered as safely and effectively as possible.

The weekend is for any adult wishing to instruct and supervise climbing and abseiling sessions with Girlguiding members. The scheme is primarily concerned with good practice leading to safe enjoyment of the activity. It is a combination of technical skills, experience, group management and personal qualities which forms the basis for effective supervision.

The weekend is open to all members aged 18 and above who are currently Guiding in Lancashire North West or Lancashire West county.

# About the Venue

# Guys Farm Activity Centre is owned and managed by two Girlguiding counties and is a valuable resource to all young people and youth organisations across the UK

# How to Apply

Complete the booking form and send it together with a cheque for the full amount to:

Caron Allward, Guys Farm Activity Centre, Stony Lane, Forton LA2 9DF.

Please make cheques payable to:

 **Guys Farm Activity Centre**

There is very limited availability and places will be allocated on a first come first served basis. Preference is given to leaders will to be future instructors at Guys Farm

**Lancashire North West, Lancashire West County Climbing and Abseiling March 2018**

Name: Membership No\*:

Division: District:

If you have any health, mobility, or dietary requirements,

please advise us of these below:

Would you like to be an instructor for Guys Farm and be on the rota?

Do you wish to have overnight accommodation?

Friday []

Saturday []

Amount paying

£64 [] £130 []

# Essential Information

**Cost:** The weekend is optional residential and has been subsidised by the Guys Farm. This means the cost to you is just **£64 if you become a member of the climbing team, otherwise its £130**.

Food and hot and cold drinks will be provided.

If you prefer you may stay in the piggery overnight at no additional cost.

Note that payments for this event are regrettably nonrefundable unless your place can be filled. However if for any reason the event is cancelled a full refund will be provided.

**Programme:** The Level 1 climbing and abseiling course. Will give participants the opportunity to instruct on the abseiling tower and climbing wall. Following a period of consolation an assessment will be arranged. A separate 1 day course will be available later in the year to allow instructors to use the new high ropes system.

**Transport:** Please make your own arrangement.

**Opportunity:** following the course it is desirable that participants will become instructors at Guys Farm Activity Centre. Instructors will go onto a rota and be available for groups to take part in climbing. There is no set minimum but following 10 sessions you will be refunded the whole cost of your course. Travelling expenses will also be paid.

www.guysfarm.org.uk